

Saanich Recreation Daycamp Health and Safety Plan

Saanich Recreation staff look forward to a week of adventure and fun with your child(ren)! To mitigate the spread of COVID 19 within Saanich daycamps the following guidelines are followed to protect the health and safety of children and staff.

The following measures are in place as recommended by Ministry of Health to ensure a safe and enjoyable week for your camper:

- Smaller group ratios and limiting registration, campers will stay with smaller groups throughout the week
- Adapted program plans to include as much time spent outdoors as possible
- Sign in and sign out procedures to promote physical distancing and limit contact
- Handwashing and sanitizing protocols, limiting shared equipment and sanitizing system
- Staff and camper safety that includes daily health checks
- Detailed health and safety procedures to ensure all suggested guidelines from BC Recreation and Parks Association, CDC, WorksafeBC and Provincial Health Officers are met

Safety

Children may NOT attend daycamp programs if they have travelled outside of Canada in the last 14 days or while they have any symptoms of cold, flu or COVID 19 including fever, cough, runny nose, difficulty breathing, sore throat or diarrhea.

Staff members, parents or guardians and children must not attend the program if they are sick, even if symptoms resemble a mild cold. **In the event that a Program leader is unable to attend work, families may be notified that their camp is cancelled.**

Programs will keep daily records of anyone entering attending the day camp (e.g. staff working each day, children, visitors, special guests etc.). Records must be kept up-to-date and available to facilitate contact tracing in the event of an outbreak.

Any program connected to a confirmed or probable case of COVID-19 will report the incident to health authorities, and follow [Saanich's Patient Zero protocol including following](#) the direction of Occupational Health and Safety and the Provincial Health Authority.

Illness Policy

Dr. Henry maintains that Daycamp programs can safely care for children if they are following the prescribed health protocols. Accordingly, please note the following Covid19 Health and Wellness policy, which applies to all staff and children attending Saanich Daycamps.

To reduce the risk of transmission within Saanich Daycamps parents and caregivers will be asked to monitor their child for the following symptoms each morning.

Children may NOT attend daycamp programs while they have any of the following symptoms:

- Fever (temperature of 37.8 C or higher (orally) or 37.2 C or higher (under the arm))
- Cold and flu symptoms including cough, sneezing, runny nose, sore throat, difficulty breathing, or wheezing
- unusual, unexplained loss of appetite, fatigue, irritability, or headache
- eye infections
- unexplained rashes *or* any rash that is not confirmed by doctor to be non-contagious
- known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth, etc)

- nausea, vomiting and/or diarrhea in the last 48 hours

Children may return to camp after 10 days or symptom free, whichever is longer.

If your child develops these symptoms while at daycamp, program leaders will move your child to a separate supervised area, and you will be required to pick them up immediately. If your child has **ANY** of the symptoms above, they are not able to return to Saanich Daycamps for 10 days after the symptoms first appear.

Daycamp leaders are provided with a self-assessment checklist to complete each morning prior to arriving to camp.

It is not recommended that children with any underlying health concerns attend daycamp programs during the Covid19 pandemic.

Drop off and pick up procedures

Saanich has site specific procedures for drop off and pick up for each day camp location that support physical distancing and limit congestion to the greatest extent possible. These strategies include colour coded separate camp entrances in recreation centres, which are sent to families prior to camp start.

There should be no non-essential visitors at the program. Parents or guardians are able to attend the program when needed, but should minimize time spent there.

- **Please ensure you have checked and updated the emergency contact information online prior to coming to camp.** Login and check your account online at <https://www.saanich.ca/EN/main/parks-recreation-community/active-living-guide.html>
- Please bring the signed waiver form the first day of Camp
- Additional forms such as Anaphylaxis policy and permission to sign in and out must be completed at home and brought to camp with your child.
- Parents will be asked to wait on designated marked areas as they wait to sign in, to ensure physical distancing between families
- Where possible drop off and pick up will be located outside the program room. Please do your best to designate one parent or guardian for drop off and pick up your child. Parents will not enter the facility further than entrance door.
- Children will be required to wash or sanitize their hands immediately upon entering the camp setting.
- Leaders will sign in your child and confirm that a health screening check was done prior to bringing your child to camp. You will be asked to sign in each morning confirming that your child is symptom free from any Covid 19/cold/flu/sickness. Please refer to the illness policy.
- Program Leaders will assist child/ren with placing their belongings in a designated area
- At the end of the day, parents will be asked to pick up outside the program space where possible
- Temperature will not be taken upon arrival as the Health Ministry has stated that taking temperature should be reserved for health care professionals
- It is not recommended by the Ministry of Health for children or staff to wear face masks or gloves. If you choose, your child is welcome to wear a mask at camp, but it will not be enforced by program staff

Personal Hygiene

Staff and children will follow strict health protocols. Please refer to the Illness policy provided prior to the start of camp.

Staff will follow the BC Centre for Disease Control recommendations for hand hygiene. Hand Sanitizer will be used when soap and water are not available.

Children are not permitted to use their own hand sanitizer. All hand sanitizer will be provided by Saanich Recreation to ensure proper supervision, and everyone is using a COVID approved type.

Physical Distancing

- Saanich day camps will have limited registration and smaller groups ratios throughout the week and will monitor the directives from Provincial Health Officers
- Camps will not mix with other camps
- When a shared space is used, such as fields, camps must maintain a distance of 10m apart from other camps. Groups will set boundaries around their space and limit interactions with the general public and other camp groups.
- Children are encouraged to maintain distance when possible
- Room set-ups will encourage physical distancing between children
- Multiple camp programs may be offered in the same building with separation, distancing, and by following the requirements of the PHO.
- physically-distant greetings such as “air fives” and waves and encouraged, hugs and high fives are avoided
- Camp activities will be adapted to encourage more physical distancing (i.e. shadow tag instead of tag)
- Physical distancing must not undermine the safety of camp (e.g. camp leaders need to be able to complete appropriate head counts and maintain appropriate sightlines)
- While leaders will encourage physical distancing where possible, it is not guaranteed that your child will not come within 6 feet of another camper in the program. Children are social beings and will be reminded but not punished for coming into close contact with another camper

Camper Belongings

- Personal belongings will be kept in designated area for your child only. Toys from home or electronics are not permitted at camp.
- Campers are encouraged to bring a labelled pencil box with old school supplies for arts and crafts, and a book or stuffy if they wish.
- All soft items will be removed from the rooms, no dress up, stuffies, or dolls
- A limited number of toys will be provided, that may be sanitized easily by using a clean bin and dirty bin system where possible.

Activities

- Staff and children are encouraged to be outdoors as much as possible throughout the day
- Please ensure your child is dressed appropriately and has a hat, sunscreen and plenty of water
- Field trips are avoided unless the location is accessible by walking and not crowded.
- Staff will carry First Aid Kits with PPE should they encounter situations where close contact is necessary (i.e. injury, etc.).
- emphasis will be placed on hand hygiene and cleaning of equipment, some activities may involve shared equipment.
- children will be encouraged to keep physical distance from peers, however focus will be on reducing physical contact more than physical distance.

Cleaning protocols

Child Care settings should be cleaned and disinfected in accordance with the BCCDC's Cleaning and Disinfectants for Public Settings document.

General cleaning and disinfecting of the centre should occur at least **once a day**.

Frequently-touched surfaces should be cleaned and disinfected at least **twice a day**. These include door knobs, light switches, faucet handles, table counters, chairs, and toys.

Signage will be posted around all facilities to remind children and staff about cleaning and health protocols

Washroom Breaks

For those campers requiring a buddy system for washroom breaks, this practice will still be maintained.

Signage will be displayed in the washrooms to remind children to wash their hands and leaders should double check with children upon returning to the group. If the camp is for younger children, signs will include images as well as text.

Program Staff will continue to monitor directives from the Provincial Health Officer and will update and adjust the Daycamp Health and Safety plan accordingly.

